

Independent Diabetes Support Groups in WA For parents and their children with type 1 diabetes

A diabetes support group is a collection of people with diabetes and who regularly get together to share information, experiences and knowledge, thus supporting each other and working together to improve each others quality of life.

In most instances, the support groups are led by individuals living with diabetes rather than Diabetes Educators or other health professionals.

Being part of and receiving support from a member run group is complementary to professional care and not a replacement for it.

Below are the contact details of parents who have registered an interest in running a support group for parents and their children with type 1 diabetes. As you would be aware, the success of the group depends on parents and their children joining these groups. Some groups are already functioning whilst others are still waiting to hear from parents, so please, we encourage you to make contact.

Support Group	Contact	Meet	When	Frequency
BULLSBROOK Adults with type 2 group formed. Hoping to start a group for parents and their children with Type 1	Shayley Abbett t: 9571 2301 m: 0409 786 800	Bullsbrook Neighbourhood Centre	7pm start	Every Tuesday
SUBIACO Parents of children with type 1. Children also welcome	Eric Leotta t: 0408 904 950 e: eleotta@australis.net	Diabetes WA Level 3, 322 Hay St Subiaco	TBA	Please phone Eric to confirm meeting dates & time
ROCKINGHAM For Parents and their children with Type 1	Suzanne Hoecker t: 9528 5807	Suzanne would really like to hear from parents and their children with type 1 within the Rockingham area. The aim of this group is to provide a positive and fun environment for kids to meet one another.		

18 year olds

If your child is transitioning from PMH care, they may be interested in the Insights Support Group for 18 – 35 year olds with type 1 diabetes. This group is more of a social group that gets together for dinners and information sessions.

Support Group	Contact	Meet	When	Frequency
Type 1 social group for 18 – 30 year olds but anyone welcome.	Rachel Lamb ywait@live.com.au	Online support on Facebook and meet up regularly	Contact Rachel for more information	NEW!

Parents

If you are a parent looking to visit with a group from time to time for support, then the group below may be able to assist. Whilst this group consists of adults with type 1 diabetes, some members also have children with type 1. The group has expressed an interest to assist parents with children with diabetes, so please give them a call.

Support Group	Contact	Meet	When	Frequency
PERTH/SUBIACO Type 1 Diabetes Group	Robin Lees t: 0424 973 842 robin.lees@bhpbilliton.com	Diabetes WA Level 3, 322 Hay St Subiaco or socially at a restaurant	1 st Monday of every month @ 7pm	Once a month

For more information on the aims and profiles of each support group, we encourage you to contact the individual support group leader and ask questions.

If you would like to see a complete list of support groups throughout WA – for type 1 and type 2, please contact Diabetes WA on the details below or visit our website www.diabeteswa.com.au

Starting a Support Group

To register your support group or interest in starting up a support group, please contact Diabetes WA on 9325 7699 or email info@diabeteswa.com.au.

We can provide you with resources to help you start a group and promote your contact details to members and health professionals.