

You can live well with diabetes

Free diabetes workshops in the Great Southern – April to June 2018

Albany	Friday 6 April 2018	9am – 4pm
Albany	Thursday 17 & Friday 18 May 2018 (two half days in total)	9am – 12.30pm
Kojonup	Wednesday 18 April 2018	9am – 4pm
Gnowangerup	Thursday 24 May 2018	9am – 4pm
Walpole	Tuesday 5 June 2018	9am – 4pm
Kendenup	Tuesday 19 June 2018	9am – 4pm
Katanning	Monday 25 June 2018	9am – 4pm

Make small changes to live a healthier life with your family.

Free type 2 diabetes workshop 'DESMOND'

Whether you are newly diagnosed or have been living with diabetes for some time, the DESMOND workshop will help you manage your diabetes.

- Meet people like you and learn everything you need to know about type 2 diabetes, including information on food choices and medications.
- You can bring a friend or family member with you for support.

Bookings are essential. Find out where your nearest workshop is then contact us to secure your spot.

☎ 1300 001 880

✉ bookings@diabeteswa.com.au

🌐 www.diabeteswa.com.au



Call 1300 001 880 or visit diabeteswa.com.au and book in now

