

You can live well with diabetes

Free diabetes workshops in the Goldfields – July to September 2018

Esperance

Tuesday 7 & Wednesday 8 August 2018 (two half days in total)

8.45am – 12.00pm

Make small changes to live a healthier life with your family.

Free type 2 diabetes 'DESMOND' workshop

Whether you are newly diagnosed or have been living with diabetes for some time, the DESMOND workshop will help you manage your diabetes.

- Meet people like you and learn everything you need to know about type 2 diabetes, including information on food choices and medications.
- You can bring a friend or family member with you for support.

Bookings are essential. Contact us to secure your spot.

☎ 1300 001 880

✉ bookings@diabeteswa.com.au

🌐 www.diabeteswa.com.au



Call 1300 001 880 or visit diabeteswa.com.au and book in now

