

Diabetes Group Education Services Referral Form

All of these programs are free for NDSS registrants. Available online and face to face (depending on program and region).

DESMOND – Diabetes Education and Self-Management for Ongoing and Newly Diagnosed

- a single-day self-management workshop for helping to take away the guesswork of type 2 diabetes.

MyDESMOND - an adaption of DESMOND - available online at a time that suits them.

OzDAFNE@home (for insulin pen users only) - Dose Adjustment for Normal Eating - an in-depth program on insulin adjustment for people living with type 1 diabetes. Available for people who use insulin pens.

Baby Steps - supporting women previously diagnosed with gestational diabetes.

Beat It! - an 8-week exercise and lifestyle program to improve diabetes management and general health.

Living Well with Diabetes - a session for people who want to better understand and manage their diabetes. Includes practical guidance, time for questions and the latest updates in care.

How do these programs complement the GP Chronic Management Plan Visits?

Attending a Diabetes WA Group Education program does not impact on the five allied health visits allocated to the person with diabetes. In fact, the programs have the potential to increase the effectiveness of these allied health visits by activating patients to self-manage their diabetes and create their own care plan.

To refer patients/clients, please complete the details below and return to Diabetes WA by:

1. Fax to 9221 1183 or scan and email to: bookings@diabeteswa.com.au or
2. Healthlink: DWATEL3H

Health Professional Details:

HP Name: HP Practice:
Phone: Fax: HP Provider #:
Address:

Patient Details:

First Name: Surname:
Phone: Date of Birth (dd/mm/yyyy):
NDSS #: OR Medicare #:
Address:

- ☐ Type 1 diabetes – refer to OzDAFNE@home, Living Well, Beat It!
☐ Type 2 diabetes – refer to DESMOND, Living Well, Beat It!
☐ Gestational diabetes – refer to Baby Steps
☐ Please tick this box if you would like us to talk to your patient about individual appointments with a credentialed diabetes educator.

☐ I would like to stay up to date on the latest Diabetes WA News

Health Professional Signature: Date:

DESMOND Referrals: Please provide your patient with their latest HbA1c, cholesterol, waist circumference, and blood pressure for use during the program.

The National Diabetes Services Scheme is an initiative of the Australian Government administered with the assistance of Diabetes Australia. For more NDSS information: ndss.gov.au