## Spin to win!

Vault Fitness & Diabetes WA Cycle of Care Spin Challenge
World Diabetes Day

Wednesday 14 November, 7am to 3pm, St Martins Centre Foyer



## Get involved - scan, sign up & spin!

- 1. Get a team of 6 or more together and register online at diabeteswa.com.au/spin-to-win/, entry \$20 per rider
- 2. Book a 20 minute timeslot by calling **9221 7517** or **active@vaultfitness.com.au**

**Note to solo riders:** You are welcome to join Vault Fitness or Diabetes WA teams throughout the day.

## **Awards**

Join us from 5pm in Vault Fitness for cheese and wine to find out the final amount raised and who won the awesome prizes for:

- Team covering the longest distance
- Team burning the most calories
- The race leaders overall performance

## Don't forget to share on your socials



#CycleOfCare

#TeamVAULT

#DiabetesWA

All proceeds go to Diabetes WA.

Helping support people living with diabetes.





